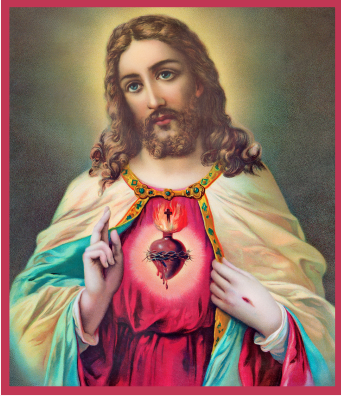


JUNE: FAMILY LOVE

SACRED HEART



The family, the domestic Church, has been called the first “school of love” because the family is where we as children learn what it means to love. Love in our families must have at its foundation God’s divine love, shown in the perfection of the Sacred Heart of Jesus, devotion to which, according to Pope Pius XII, is the most effective school of love of God for “individuals, families, and nations” (*Haurietis Aquas*, 123). In June the U.S. bishops will consecrate the USA to Jesus’ Sacred Heart. The Church encourages you to consecrate yourself and your family to the Sacred Heart. The Sacred Heart shows us how passionately and personally God loves us. Jesus teaches us how to selflessly respond to this love. Resources are at www.usccb.org/weholdthesetruths.

As the work and gift of fathers are celebrated this month, we can turn to Jesus’s foster father, St. Joseph, to seek his intercession for prayers, especially those related to Father’s Day, and give thanks to St. Joseph for his love for Christ and Mother Mary. Guide your family in creating home prayer space with a statue or image of St. Joseph, a small vase of flowers, and your family’s written prayer intentions. White lilies, or simply white flowers, are appropriate for your vase because they symbolize Joseph’s purity and integrity. Add a carpenter’s tool or a wooden ruler to symbolize his trade. The family can gather to pray the Litany of St. Joseph or the Prayer to St. Joseph After the Rosary. Both can be found online.

ST. JOSEPH



THE BAPTIST



June 24, 2026, is the feast of the Nativity of St. John the Baptist. St. John the Baptist was the first person to recognize Jesus. This recognition happened womb to womb! While still in the womb himself, John leapt for joy at the presence of Christ in the womb of the Blessed Mother. This is just one example in Scripture of how much God values and dignifies each human life from the moment of conception to natural death! Let us follow the example of St. John the Baptist and rejoice in the gift of every preborn child. Let us pray for their legal protection. Let us reach out to walk with moms and dads in crisis so they can choose life. St. John the Baptist, pray for us!

JUNE 2026



Parish LiFE Note

FROM THE DIOCESE OF ROCKFORD'S
Life and Family Evangelization (LiFE) Office



life.rockforddiocese.org | Text LIFEDIGNITY to 84576 to receive our Flocknotes.