



Resources for Expectant Moms and Parents in Crisis Diocese of Rockford

As of 3/26/2026

Pregnancy Help

<p>Pregnancy Help Center TLC Pregnancy Services 825 Dundee Ave., Suite D Elgin, IL 60120 800-712-HELP (4357) 24/7 hotline. Text: 847-637-0101 hope4lives@sbcglobal.net</p> <p>tlcpregnancyservices.com/</p> <p>Support for women and men facing unplanned pregnancies through education and outreach by providing limited medical services, material resources, emotional and spiritual support. Free Pregnancy Test, free STD testing, obstetrical ultrasounds and medical referrals. STI (sexually transmitted infections) Testing; Mobile Ultrasound Unit, Maternity Clothes, Baby Items; Food, Formula, Diapers, Coats, Clothes, Shoes, Baby Furniture Up to 5 Years After Giving Birth; Bibles and Christian Materials Freely Distributed; Post-abortion Recovery Program; Books and Materials Related to Pro-life Issues and Family and Christian Living; Men's Mentoring Program. Additional locations in Schaumburg, Palantine, and via a Mobile Ultrasound Unit.</p>	<p>Pregnancy Help Center Waterleaf 3055 E. New York St. Aurora, IL 60504 630-701-6270. Text: 630-360-CALM (2256)</p> <p>waterleafwc.org/</p> <p>Pregnancy Testing, Ultrasound, STD Testing and Treatment, Medical and Pregnancy Consultation</p>
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Send changes and any suggested updates to: life@rockforddiocese.org.

Pregnancy Help - continued

<p>Pregnancy Help Center Corbella Clinic 101 E. State St. South Elgin, IL 60177 847-697-0200; Text: 224-268-5848</p> <p>www.corbellaclinic.org/ and www.corbellaclinic.org/espanol/</p> <p>Pregnancy Testing and Verification, Ultrasounds, STI/STD Testing and Treatment, Medical and Options Counseling; Resources and Referrals to Support Services, including including Parental Care, Child Care, Food Pantry, Medical Assistance and Medicaid, Continuing Your Education, Nutrition, Housing, Job-skills Training and Transport; Adoption Information; Post-Abortion Healing. Services Offered in Spanish and in English</p>	<p>Pregnancy Help Center We Care Pregnancy Center 403 N. 5th St. DeKalb, IL 60115 Call: (815) 748-4242. Text: (815) 780-9097</p> <p>wecarepregnancyclinic.org/</p> <p>Pregnancy Testing, Ultrasounds, Education on Pregnancy Options, Pregnancy Classes</p>
<p>Pregnancy Help Center 1st Way Life Center 3714 Fairview Ave. Johnsburg, IL 60051 815-385-2999; 24/7 Hotline 800-712-HELP (4357)</p> <p>www.1stwaymchenry.com/</p> <p>Pregnancy Counseling, Material Assistance, Post Abortion Support, Community Assistance Referrals, Parental Training, Mom's Support Group, Fatherhood Program, Nutrition</p>	<p>Pregnancy Help Center Focus Women's Center 409 Front Street (Highway 31) McHenry, IL 60050 815-322-1585 call or text office@focuswomenscenter.org</p> <p>focuswomenscenter.com/en/ and focuswomenscenter.com/es/</p> <p>Pregnancy Testing, Ultrasounds, STD Testing, Abortion Education</p>

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www.rockforddiocese.org/moms.

Pregnancy Help - continued

<p>Pregnancy Help Center Aid for Women 1235 N Mulford Rd Rockford, IL 61107 815-633-2500</p> <p>https://www.aidforwomen.org/</p> <p>Pregnancy Tests, Ultrasounds, Medical Referrals, Mentoring, Pregnancy and Parenting Classes, Abortion Pill Reversal</p>	<p>Pregnancy Help Center The Pregnancy Care Center of Rockford 4108 Morsay Dr. Rockford, IL 61107 815-997-1200 (call or text)</p> <p>thepregnancycarecenter.org/</p> <p>Pregnancy Testing, Ultrasounds, STD Testing, Mentoring, Post-Abortion Care; Assistance with Parenting and Baby Supplies; Connections to Clinical Services</p>
<p>Pregnancy Help Center Willow Womens Center 2680 Prairie Ave Beloit, WI 53511 608-312-2025</p> <p>willowwomenscenter.org/</p> <p>Pregnancy Testing, Ultrasound, STD Testing and Treatment, Medical and Pregnancy Consultation</p>	<p>Pregnancy Help Center Gianna's House Pregnancy Resource Center 700 10th Ave. Rock Falls, IL 61071 815-625-6520 giannashouse@att.net</p> <p>www.facebook.com/GiannasHouseRockFalls/</p>
<p>Pregnancy Help Center Ridgeway Women's Clinic 6120 E Riverside Blvd Loves Park, IL 61111 815-261-9660</p> <p>https://ridgewaywomensclinic.com/</p> <p>Pregnancy Tests, Ultrasounds, STI Testing & Treatment, Options Consultation</p>	<p>Pregnancy Help Center VIS Center 7 State St, New York, NY 10004 877-777-1277</p> <p>https://www.viscenter.org/</p> <p>Resources for pregnant moms, advocacy, spiritual and emotional accompaniment, post-abortive healing, and more.</p>

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Pregnancy Help - continued

<p>Pregnancy Help Center The Gabriel Project Dubuque, IA 800-771-5790</p> <p>gabriel-project.dbqarch.org/</p> <p>Prenatal Care, Birth Preparation Classes, Ultrasounds, Housing Referrals, Food, Clothing, Baby Supplies; Catholic parish-based crisis pregnancy mentoring apostalate.</p>	<p>Pregnancy Support Catholic Charities: Pregnancy and Parenting Resources 815-544-5434 llarsen@rockforddiocese.org</p> <p>catholiccharities.rockforddiocese.org/</p> <p>Support and Case Management, Linkage to Resources, Pregnancy and Parenting Information, Education and Employment Referrals. Serving Individuals and Couples. No Fee for Services.</p>
<p>Teen Support Catholic Charities: Adolescent Pregnancy and Parenting Resources 815-544-5434 llarsen@rockforddiocese.org</p> <p>catholiccharities.rockforddiocese.org/</p> <p>Support and Case Management for Teens, 19 Years Old or Younger, Facing an Unplanned Pregnancy; Serving Young Moms and Young Dads, with Focus on Specific Needs of Teens; Pregnancy and Parenting Information; Support in Developing Healthy Relationships; Education and Employment Referrals; Selecting Appropriate Child Care; Linkage to Community Resources. No Fee for Services</p>	<p>Support for Child's Adverse Diagnosis Prenatal Partners for Life 763-772-3868 mary@prenatalpartnersforlife.org</p> <p>prenatalpartnersforlife.org/</p> <p>Support, Information, and Encouragement for Expectant or New Parents Facing an Adverse Diagnosis for their Child.</p>

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Pregnancy Help - continued

<p>Maternity Home Beautiful U Ministries PO Box 481 Elburn, IL 60119 (630) 387-9223</p> <p>www.beautifuluministries.org/</p> <p>Safe, Secure Residential Housing for Pregnant Teens in Need. Also has a resale shop.</p>	<p>Maternity Home Madonna Renewal Center 1209B S Walnut Ave. Freeport, IL 61032 815-616-9672</p> <p>madonnarenewalcenter.org/</p> <p>Shelter and family-based home, food, clothing, emotional and spiritual support for moms in need. Run by the Congregation of the Sisters of the Immaculate Heart of Mary, Mother of Christ</p>
<p>Housing Programs Home of the Sparrow 4209 W. Shamrock Ln., Unit B McHenry, IL 60050 815-271-5444 info@hosparrow.org</p> <p>www.hosparrow.org/</p> <p>Rapid Rehousing, Affordable Housing, Subsidized Apartments, Short-Term Transitional Shelter, Rent Assistance. Serves Single Women, Pregnant Women, and Women with Children.</p>	<p>Maternity Home Jubilee Village 373 S. Schmale Rd. Carol Stream, IL 60188 630-682-1910</p> <p>www.outreachcommunityministries.org/services/transitional-housing/jubilee-village/</p> <p>Shelter, Transitional Housing, Parenting Classes</p>

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Pregnancy Help - continued

<p>Maternity Home Mary's Inn Dubuque, IA 52001 563-580-2278 programsupervisormarysinn@gmail.com</p> <p>marysinmaternityhome.org/</p> <p>Residential maternity home dedicated to the physical, emotional, and spiritual well-being of single pregnant mothers and their developing babies. Accepts women from any state and minors who are Iowa residents.</p>	<p>Referrals to Available Services Dubuque County Right to Life 800-712-4357 24-hour help line</p> <p>dcrtl.org/resources/</p> <p>Provides information to women who are or may be faced with untimely or crisis pregnancies, informing them of the support systems in place and services available. Education about the dangers of abortion, euthanasia, and infanticide.</p>
<p>Standing By You</p> <p>www.standingwithyou.org/</p> <p>Find local resources for pregnant and parenting women for healthcare, counseling, clothing and food assistance, housing, childcare, insurance, peer-to-peer support, financial assistance, adoption, and more.</p>	<p>Option Line Call or text: 1-800-712-4357</p> <p>optionline.org/</p> <p>Provides an online, searchable list of pregnancy care centers in your area that offer peer counseling and accurate information about all pregnancy options. These centers do not offer or refer for abortion services.</p>

For additional resources for parents in crisis, including emergency resources through Catholic Charities and through St. Vincent DePaul, medical and mental health and physical resources, and spiritual help and healing, visit:

life.rockforddiocese.org/walking-with-moms

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