



**Resources for Expectant Moms and Parents in Crisis**  
**Diocese of Rockford - DeKalb Deanery**

As of 4/25/2025

**Emergency Resources through Catholic Charities**

<p>Emergency Resources  <b>Catholic Charities: Emergency Assistance</b>          630-820-3220  <a href="http://catholiccharities.rockforddiocese.org/">catholiccharities.rockforddiocese.org/</a></p> <p>Assistance for Rent, Utilities, Food, and Diapers; Referrals to Resources. Phone in Only. Kane, DeKalb, Ogle, Lee, Carroll, and Whiteside Counties.</p>	<p>Emergency Resources  <b>Catholic Charities: St. Elizabeth Catholic Community Center</b>          1505 S Main St          Rockford, IL 61102          815-965-6993          mphillips@rockforddiocese.org  <a href="http://catholiccharities.rockforddiocese.org/">catholiccharities.rockforddiocese.org/</a></p> <p>Adult Services, Food Pantry, Clothing Closet. All Services are Walk In. Contact for Hours.</p>
<p>Emergency Resources  <b>Catholic Charities: St. Elizabeth Catholic Community Center</b>          1536 S Main St          Rockford, IL 61102          815-969-6526          malmanaci@rockforddiocese.org  <a href="http://catholiccharities.rockforddiocese.org/">catholiccharities.rockforddiocese.org/</a></p> <p>Youth Services, Preschool, Before and After School Program. All Services are Walk In.</p>	<p>Emergency Resources - Bilingual  <b>Catholic Charities</b>          314 Lake St Ste 1-A          Aurora, IL 60506          630-820-3220  <a href="http://catholiccharities.rockforddiocese.org/">catholiccharities.rockforddiocese.org/</a></p> <p>Serving the Hispanic Community. Advocates for Medical Care, Education for Adults, Housing, and Services for Seniors; Emergency Assistance for Rent and Utilities; Translation with Benefit Applications and Other Assistance Forms; Referrals to Community Resources and Services. Call-in Assistance Available.</p>

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**Emergency Resources through Catholic Charities - continued**

<p>Emergency Resources - Bilingual  <b>Catholic Charities</b>                  5141 W. Bull Valley Rd.                  McHenry, IL 60050                  815-344-6956</p> <p><a href="http://catholiccharities.rockforddiocese.org/">catholiccharities.rockforddiocese.org/</a></p> <p>Serving the Hispanic Community.                  Advocates for Medical Care, Education for Adults, Housing, and Services for Seniors; Emergency Assistance for Rent and Utilities; Translation with Benefit Applications and Other Assistance Forms; Referrals to Community Resources and Services. Call-in Assistance Available.</p>	
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**Emergency Resources through St. Vincent DePaul**

The Society offers tangible assistance to those in need on a person-to-person basis. Aid may take the form of intervention, consultation, or direct dollar or in-kind service. An essential precept of the Society's work is to provide help while conscientiously maintaining the confidentiality and dignity of those who are served.

<p><b>St. Vincent de Paul Society - St. Charles Borromeo-Hampshire Conference</b>                  Hampshire, IL                  847-463-3003</p>	<p><b>St. Vincent de Paul Society - St. Gall-Elburn Conference</b>                  Elburn, IL                  630.365.6030</p>
<p><b>St. Vincent de Paul Society - St. John the Baptist-Somonauk Conference</b>                  Somonauk, IL                  815-498-2010</p>	<p><b>St. Vincent de Paul Society - St. Mary/Christ the Teacher-DeKalb Conference</b>                  DeKalb, IL                  815-761-0430</p> <p><a href="http://www.svdpdekalb.org/">www.svdpdekalb.org/</a></p>

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**Emergency Resources through St. Vincent DePaul - continued**

<p><b>St. Vincent de Paul Society - St. Paul the Apostle-Sandwich Conference</b> Sandwich, IL 815-508-4972</p>	
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**Medical and Mental Health Resources**

<p>Catholic Hospital <b>OSF HealthCare</b>  <a href="http://www.osfhealthcare.org/">www.osfhealthcare.org/</a>  Catholic Hospital with Clinical and Support Services. As a Catholic health care organization, OSF HealthCare is committed to follow fully the Ethical and Religious Directives for Catholic Health Care Services as defined by the United States Conference of Catholic Bishops.</p>	<p>Catholic Physicians <b>Catholic Medical Association: Catholic Physician Search</b>  <a href="http://www.cathmed.org/physician-directory/">www.cathmed.org/physician-directory/</a>  Webbased search by state, speciality, and zipcode for Catholic physicians who abide by the U.S. Conference of Catholic Bishops' Ethical and Religious Directives for Catholic Healthcare Services.</p>
<p>Catholic Physicians <b>MyCatholicDoctor</b>  <a href="http://mycatholicdoctor.com/">mycatholicdoctor.com/</a>  National network of faithful medical professionals, providing video visits/telehealth, home visits, and office referrals. Evidence-based scientific medicine from a Catholic perspective, integrating Catholic spirituality into care as appropriate to the situation. Sees people regardless of religious affiliation.</p>	<p>Drug/Alcohol Abuse Counseling <b>Alcoholics Anonymous</b>  <a href="http://www.aa.org/find-aa">www.aa.org/find-aa</a>  Sobriety Maintenance Fellowship Group</p>

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**Medical and Mental Health Resources - continued**

<p>Mental Health Services  <b>Catholic Charities: Catholic Mental Health Ministry</b>                  779-210-8699                  MaryFuller@RockfordDiocese.org</p> <p><a href="http://catholiccharities.rockforddiocese.org/">catholiccharities.rockforddiocese.org/</a></p> <p>Accompanying individuals who face mental health and substance abuse challenges and their families to link with appropriate professional supports while inviting fuller participation in their faith community. Reducing stigma and isolation that arise from misunderstanding.</p>	<p>Mental Health Services  <b>Catholic Charities: Community Counseling</b>                  779-210-8698                  RParsons@RockfordDiocese.org</p> <p><a href="http://catholiccharities.rockforddiocese.org/">catholiccharities.rockforddiocese.org/</a></p> <p>Individual and couples counseling, consultation, advocacy, linkage, and referral. Offices in Aurora, McHenry and Rockford, and counseling offered via tele-health. Sliding fee scale available. Requires household income documentation.</p>
<p>Drug/Alcohol Abuse Counseling  <b>Rosecrance</b>                  866-330-8729</p> <p><a href="http://rosecrance.org/">rosecrance.org/</a></p> <p>Substance Abuse Treatment and Mmental Health Care. Multiple Locations in Illinois and Wisconsin</p>	<p>Mental Health Services  <b>Crisis Text Line</b>                  Help Line: Text HOME to 741741.</p> <p>Chat via WhatsApp:  <a href="https://api.whatsapp.com/send/?phone=14437877678&amp;text=HELLO&amp;app_absent=0">api.whatsapp.com/send/?phone=14437877678&amp;text=HELLO&amp;app_absent=0</a></p> <p><a href="http://www.crisistextline.org/">www.crisistextline.org/</a></p> <p>Connect with a Crisis Counselor during situations of stress and anxiety</p>

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**Medical and Mental Health Resources - continued**

<p>Mental Health Services <b>National Alliance on Mental Illness</b> Help Line: 800-950-NAMI.  <a href="http://nami.org/home">nami.org/home</a></p> <p>Advocacy, Education, Support, and Public Awareness for Individuals and Families Affected by Mental Illness</p>	<p>Mental Health Services <b>988 Suicide &amp; Crisis Lifeline</b> 24/7 Hotline: 988 <i>Disponible en Espanol</i> TTY Users: Dial 711 and then 988 Online chat: <a href="http://988lifeline.org/chat">988lifeline.org/chat</a></p> <p><a href="http://988lifeline.org">988lifeline.org</a></p> <p>Free and Confidential support for people in distress. Prevention and crisis resources for you or your loved ones. Available 24/7 across the United States.</p>
<p>Social Services, Drug/Alcohol Abuse Counseling, Child Care Programs, Job Training, Family and Education Parenting <b>Sinnissippi Centers</b> 1321 North 7th Street Rochelle, IL 61068 800-242-7642 24-hour hotline  <a href="http://sinnissippi.org/">sinnissippi.org/</a></p> <p>Behavioral Health Services, Substance Abuse Treatment, Substance Abuse Recovery Homes</p>	

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### Physical Resources

<p>Food Pantry  <b>Northern Illinois Food Bank</b>          630-443-6910  <a href="http://solvehungertoday.org/get-help/where-to-get-food/">solvehungertoday.org/get-help/where-to-get-food/</a></p> <p>Local Food Pantries, Mobil Markets, Government Benefit Assistance. Food Distribution Centers in Geneva, Park City, Rockford and Joliet; Online Information on Multiple Sources for Food Available to Needy Persons Throughout Northern Illinois. Visit Website for an Interactive Map.</p>	<p>Housing Programs  <b>Hope Haven of DeKalb County</b>          1145 Rushmore Dr.          DeKalb, IL 60115          815-758-5765  <a href="http://www.hopehavendekalb.com/">www.hopehavendekalb.com/</a></p> <p>Emergency Shelter, Rapid Re-housing, Homeless Prevention, Life Skills Training, Youth Trauma Program.</p>
<p>Housing Programs  <b>Lazarus House</b>          214 Walnut St.          St. Charles, IL 60174          630-587-2144 for main number and emergency shelter; 630-587-5872 for homeless prevention services and rental assistance  <a href="http://www.lazarushouse.net/">www.lazarushouse.net/</a></p> <p>Shelter, Food, and Support Services</p>	

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## Pregnancy Help

<p>Pregnancy Help Center <b>TLC Pregnancy Services</b> 825 Dundee Ave., Suite D Elgin, IL 60120 800-712-HELP (4357) 24/7 hotline. Text: 847-637-0101 hope4lives@sbcglobal.net</p> <p><a href="http://tlcpregnancyservices.com/">tlcpregnancyservices.com/</a></p> <p>Support for women and men facing unplanned pregnancies through education and outreach by providing limited medical services, material resources, emotional and spiritual support. Free Pregnancy Test, free STD testing, obstetrical ultrasounds and medical referrals. STI (sexually transmitted infections) Testing; Mobile Ultrasound Unit, Maternity Clothes, Baby Items; Food, Formula, Diapers, Coats, Clothes, Shoes, Baby Furniture Up to 5 Years After Giving Birth; Bibles and Christian Materials Freely Distributed; Post-abortion Recovery Program; Books and Materials Related to Pro-life Issues and Family and Christian Living; Men's Mentoring Program. Additional locations in Schaumburg, Palantine, and via a Mobile Ultrasound Unit.</p>	<p>Pregnancy Help Center <b>Waterleaf</b> 3055 E. New York St. Aurora, IL 60504 630-701-6270. Text: 630-360-CALM (2256)</p> <p><a href="http://waterleafwc.org/">waterleafwc.org/</a></p> <p>Pregnancy Testing, Ultrasound, STD Testing and Treatment, Medical and Pregnancy Consultation</p>
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**Pregnancy Help - continued**

<p>Pregnancy Help Center  <b>Corbella Clinic</b>                  101 E. State St.                  South Elgin, IL 60177                  847-697-0200; Text: 224-268-5848</p> <p><a href="http://www.corbellaclinic.org/">www.corbellaclinic.org/</a> and  <a href="http://www.corbellaclinic.org/espanol/">www.corbellaclinic.org/espanol/</a></p> <p>Pregnancy Testing and Verification, Ultrasounds, STI/STD Testing and Treatment, Medical and Options Counseling; Resources and Referrals to Support Services, including including Parental Care, Child Care, Food Pantry, Medical Assistance and Medicaid, Continuing Your Education, Nutrition, Housing, Job-skills Training and Transport; Adoption Information; Post-Abortion Healing. Services Offered in Spanish and in English</p>	<p>Pregnancy Help Center  <b>We Care Pregnancy Center</b>                  403 N. 5th St.                  DeKalb, IL 60115                  Call: (815) 748-4242. Text: (815) 780-9097</p> <p><a href="http://wecarepregnancyclinic.org/">wecarepregnancyclinic.org/</a></p> <p>Pregnancy Testing, Ultrasounds, Education on Pregnancy Options, Pregnancy Classes</p>
<p>Pregnancy Support  <b>Catholic Charities: Pregnancy and Parenting Resources</b>                  815-544-5434                  llarsen@rockforddiocese.org</p> <p><a href="http://catholiccharities.rockforddiocese.org/">catholiccharities.rockforddiocese.org/</a></p> <p>Support and Case Management, Linkage to Resources, Pregnancy and Parenting Information, Education and Employment Referrals. Serving Individuals and Couples. No Fee for Services.</p>	<p>Teen Support  <b>Catholic Charities: Adolescent Pregnancy and Parenting Resources</b>                  815-544-5434                  llarsen@rockforddiocese.org</p> <p><a href="http://catholiccharities.rockforddiocese.org/">catholiccharities.rockforddiocese.org/</a></p> <p>Support and Case Management for Teens, 19 Years Old or Younger, Facing an Unplanned Pregnancy; Serving Young Moms and Young Dads, with Focus on Specific Needs of Teens; Pregnancy and Parenting Information; Support in Developing Healthy Relationships; Education and Employment Referrals; Selecting Appropriate Child Care; Linkage to Community Resources. No Fee for Services</p>

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**Pregnancy Help - continued**

<p>Support for Child's Adverse Diagnosis  <b>Prenatal Partners for Life</b>                  763-772-3868                  mary@prenatalpartnersforlife.org   <a href="http://prenatalpartnersforlife.org/">prenatalpartnersforlife.org/</a></p> <p>Support, Information, and Encouragement for Expectant or New Parents Facing an Adverse Diagnosis for their Child.</p>	<p>Maternity Home  <b>Beautiful U Ministries</b>                  PO Box 481                  Elburn, IL 60119                  (630) 387-9223   <a href="http://www.beautifuluministries.org/">www.beautifuluministries.org/</a></p> <p>Safe, Secure Residential Housing for Pregnant Teens in Need. Also has a resale shop.</p>
<p>Pregnancy Help Center  <b>Gianna's House Pregnancy Resource Center</b>                  700 10th Ave.                  Rock Falls, IL 61071                  815-625-6520                  giannashouse@att.net   <a href="http://www.facebook.com/GiannasHouseRockFalls/about/?ref=page_internal">www.facebook.com/GiannasHouseRockFalls/about/?ref=page_internal</a></p>	<p>Housing Programs  <b>Home of the Sparrow</b>                  4209 W. Shamrock Ln., Unit B                  McHenry, IL 60050                  815-271-5444                  info@hosparrow.org   <a href="http://www.hosparrow.org/">www.hosparrow.org/</a></p> <p>Rapid Rehousing, Affordable Housing, Subsidized Apartments, Short-Term Transitional Shelter, Rent Assistance. Serves Single Women, Pregnant Women, and Women with Children.</p>

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<p>Maternity Home  <b>Jubilee Village</b>                  373 S. Schmale Rd.                  Carol Stream, IL 60188                  630-682-1910</p> <p><a href="http://www.outreachcommunityministries.org/services/transitional-housing/jubilee-village/">www.outreachcommunityministries.org/services/transitional-housing/jubilee-village/</a></p> <p>Shelter, Transitional Housing, Parenting Classes</p>	<p>Maternity Home  <b>Madonna Renewal Center</b>                  1209B S Walnut Ave.                  Freeport, IL 61032                  815-616-9672</p> <p><a href="http://madonnarenewalcenter.org/">madonnarenewalcenter.org/</a></p> <p>Shelter and family-based home, food, clothing, emotional and spiritual support for moms in need. Run by the Congregation of the Sisters of the Immaculate Heart of Mary, Mother of Christ</p>
<p>Maternity Home  <b>Mary's Inn</b>                  Dubuque, IA 52001                  563-580-2278                  programsupervisormarysinn@gmail.com</p> <p><a href="http://marysinmaternityhome.org/">marysinmaternityhome.org/</a></p> <p>Residential maternity home dedicated to the physical, emotional, and spiritual well-being of single pregnant mothers and their developing babies. Accepts women from any state and minors who are Iowa residents.</p>	

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### Spiritual Help and Healing

<p>Hope After Abortion  <b>Project Rachel</b>                  815-387-3379 or 1-888-456-HOPE                  projectrachelrockford@gmail.com</p> <p><a href="http://www.rockforddiocese.org/life/hope-after-abortion/">www.rockforddiocese.org/life/hope-after-abortion/</a></p> <p>Assistance in Grieving a Pregnancy Loss Due to Abortion</p>	<p>Local Catholic Church  <b>Find Your Local Catholic Church</b>  <a href="http://www.rockforddiocese.org/parishes/">www.rockforddiocese.org/parishes/</a></p> <p>Care, Compassion, Spiritual Guidance, Sacramental Grace. Many parishes have food pantries or access to charitable societies and organizations as well as knowledge of area social services.</p>
<p>Bereavement Care  <b>Be Not Afraid</b>                  134 Yellow Birch Loop                  Mooresville, NC 28117                  815-962-1512</p> <p><a href="http://benotafraid.net/">benotafraid.net/</a></p> <p>Support, Guidance, and Resources to Parents Experiencing a Prenatal Diagnosis and Carrying to Term</p>	<p>Bereavement Care  <b>Now I Lay Me Down to Sleep</b>                  P.O. Box 621669                  Littleton, CO 80162                  720-283-3339                  headquarters@nilmdts.org</p> <p><a href="http://www.nowilaymedowntosleep.org/">www.nowilaymedowntosleep.org/</a></p> <p>Remembrance Photography to Parents Suffering the Loss of a Baby</p>
<p>Bereavement Care  <b>The Haven Network</b>                  124 North Water Street, Suite 201                  Rockford, IL 61107                  815-962-1512                  info@thehavennetwork.org</p> <p><a href="http://www.thehavennetwork.org/">www.thehavennetwork.org/</a></p> <p>Emotional, Spiritual, and Practical Support Services to Families Enduring the Death of their Baby through Miscarriage, Stillbirth, Ectopic Pregnancy, SIDS, Early Infant Death, and Terminal or Life-limiting Diagnosis.</p>	

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### Additional Resources

<p><b>Standing By You</b></p> <p><a href="http://www.standingwithyou.org/state-resources/?state=IL">www.standingwithyou.org/state-resources/?state=IL</a></p> <p>Provides an online, searchable list of resources for pregnant and parenting women within the State of Illinois for Healthcare, Counseling, Clothing and Food Assistance, Housing, Childcare, Insurance, Peer-to-Peer Support, Financial Assistance, Adoption, and more</p>	<p><b>United Way 2-1-1</b> 24/7 hotline: 2-1-1 or 1-888-865-9903. Or text to 898211</p> <p><a href="http://www.navigateresources.net/path/">www.navigateresources.net/path/</a></p> <p>Free, confidential referrals to essential community services, including Basic Human Needs, such as food, shelter, rent and utility assistance; Physical and Mental Health Resources, such as health insurance programs, Medicaid and Medicare, medical information lines, crisis intervention services; Employment Supports, such as job training, transportation assistance, education programs; Support for Older Americans and Persons with Disabilities, such as adult day care, respite care, home health care, independent living programs; Support for Children, Youth and Families, such as after school programs, family resource centers, mentoring, tutoring, protective services.</p>
<p>Ethics Consultation <b>National Catholic Bioethics Center</b> 215-877-660 <a href="http://www.ncbcenter.org/consultation-form">www.ncbcenter.org/consultation-form</a>  <a href="http://www.ncbcenter.org">www.ncbcenter.org</a></p> <p>Free Consultation, Moral Guidance, Medical, Ethical, Educational</p>	<p>Human Trafficking <b>Rehab's Daughters</b> 509 Old Northwest Highway, Ste LL1 Barrington, IL 60010 224-333-0911 Emergency 24 Hour Hotline: 833-463-9329</p> <p><a href="http://www.rahabsdaughters.org">www.rahabsdaughters.org</a></p> <p>Education, Outreach, Rehabilitation, and Reintegration, Empowerment</p>

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**Additional Resources - continued**

<p>Job Training  <b>Catholic Charities: Helping Individuals Regain Employment (HIRE)</b>                  314 Lake St Ste 1-A                  Aurora, IL 60506                  630-820-3220 ext. 2</p> <p><a href="http://catholiccharities.rockforddiocese.org/">catholiccharities.rockforddiocese.org/</a></p> <p>Job Search, Interviewing Strategies, Employer Expectations, Create or Refresh Resumes/Cover Letters, Accessing Resources. Call-in Assistance Available.</p>	<p>Job Training  <b>WorkNet Batavia</b>                  143 First St.                  Batavia, IL 60510                  630-762-2120</p> <p><a href="http://worknetbatavia.com/">worknetbatavia.com/</a></p> <p>Free Services for those in Kane, DeKalb, and Kendall Counties: Computer use for resume and cover letter writing. Local job search assistance and skill development. Internet access for career exploration and job search. Accessibility equipment for individuals with impairments. Printers, fax machines, and telephones to pursue job leads. Community referrals and job fair details. Employment counseling and assistance finding a job. Workshops to develop job searching skills. Free basic computer classes or easy self-directed training.</p>
<p>Legal Services  <b>Prairie State Legal Services</b>                  31W001 E. North Ave., Ste. 200                  West Chicago, IL 60185                  (800) 690-2130</p> <p><a href="http://www.pslegal.org/">www.pslegal.org/</a></p> <p>Legal Services for Low Income Persons. Serves DeKalb, DuPage, Kane, and Kendall Counties.</p>	<p>Domestic Abuse  <b>National Domestic Abuse Hotline</b>                  800.799.7233  <a href="http://www.thehotline.org">www.thehotline.org</a></p> <p>free, confidential, call, chat, text, plan for safety, get help, available 24/7</p>

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<p>Pregnancy and Parenting Support <b>LoveLine</b> 888-550-1588 <a href="https://loveline.com/">https://loveline.com/</a></p> <p>Provides accompaniment and aid for moms through case management services, career support, counseling, and more.</p>	<p>Placement of Abortion Workers at New Jobs <b>And Then There Were None</b> 888-570-5501 <a href="https://abortionworker.com/">https://abortionworker.com/</a></p> <p>Helps workers in the abortion industry leave their work to gain fulfilling employment, legal representation, financial aid, scholarships, spiritual support, healing, and <i>peace</i>.</p>
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