



Diocese of Rockford – Marriage Preparation Requirements

Course Options for Couples

as of October 2024

Couples choose one course per section. Cost \$190

Please direct couples to register and select courses at:
www.rockforddiocese.org/life/marriage-prep (English)
or **www.rockforddiocese.org/life/matrimonio/** (Spanish).

All course information, including dates and locations, can be found on the website.

1

Pre-Cana Courses – Engaged Couples

(Choose one)

- Pre-Cana Online (English or Spanish)** - Available online 24/7
- Pre-Cana Retreat (English or Spanish)** – Beginning 6pm Friday and ending 4:30pm Saturday. Couples choose from overnight or non-overnight options.
See the website for specific dates and locations.

Pre-Cana Courses – Couples whose civil wedding took place over 2 years ago and who are seeking a sacramental marriage in the Church

(Choose one)

- Any of the Pre-Cana Courses listed above**

OR

- Worldwide Marriage Encounter Weekend (English or Spanish)** – Register first at the diocesan links above. More information at alifetimeoflove.org.

2

Natural Family Planning (NFP) Courses

(Choose one- ALL couples must complete an NFP course)

- NFP Introduction Online (English or Spanish)** - Available online 24/7
- In-person Gift of Self NFP Seminar (English or Spanish)** – Saturday, 8:30 am to 12:30 pm. *See the website for specific dates and locations.*
- Full Course of NFP from a Certified Instructor (English or Spanish)** – Register first at the diocesan links above. Some instructors may require an additional fee.

Diocese of Rockford, Life and Family Evangelization Office
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